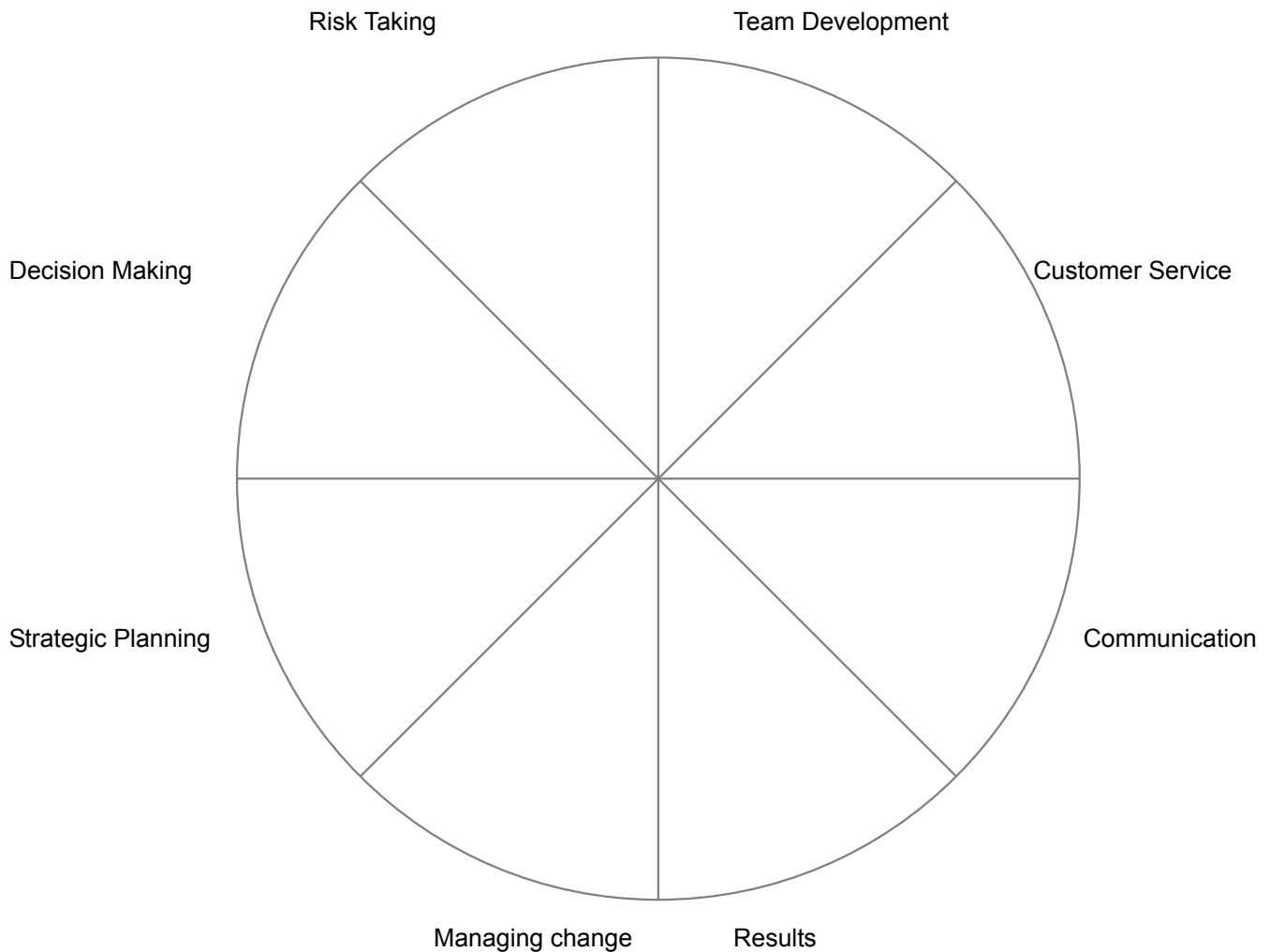




Management Competencies Wheel

The eight sections in the Wheel of Life represent balance. Regard the centre as 0 (i.e. low satisfaction with this aspect of your life) and the outer edge as 10 (high satisfaction). Rank your level of satisfaction with each life area by drawing a line in each section.

Review each segment of the wheel and identify which areas you would like to focus on, goals and actions to improve the balance in your management performance.



Lorna Reid, Personal and Performance Coach

t: 07876 356 073 e: lorna@lornareid.com w: www.lornareid.com